APPLY A BANDAGE

Getting an owee is the worst. You know what I mean by an owee. Like you fall off your bike or trip over a toy only to discover, "Oh no, I'm bleeding!"

Well, that's why we have bandages. Do your parents put a bandage on you when you get hurt? I bet they do.

FLIP OVER FOR YOUR NEXT CHALLENGE





EARN THIS NUGGET

Let's pretend you have four cuts. One on your finger, one on your knee, one on your knuckle, and one on your elbow. Clean the pretend wound, then select and apply the right bandage. Your parents may even like to draw a pen mark where the pretend owee is for you to take care of. After doing this, the next owee you get for real, you'll be able to take care of it with your parents help. Won't that be cool?

This is what we are going to work on: for you to learn to apply your own bandage when you get an owee.

• The first thing you want to do is to wash the cut out with cold water. Lots and lots of cold water.

That cleans the cut, and also helps to stop the bleeding.

- Next, dry it off with a clean cloth, like a kitchen towel or toilet paper.
- Now finally, select the right bandage, there

are several types, and put it over the cut. The padded part on the bandage needs to go directly on the cut.

