

## ASK A SERVICE PERSON FOR HELP

I know what it is like to be shy. I used to hide behind my mom's leg and hope that no one would talk to me. But you can't live that way your whole life. You have to get over yourself and speak to people sometimes.

## FLIP OVER FOR YOUR NEXT CHALLENGE



### EARN THIS NUGGET

Ask three different service people for three different things. Try to change it up, perhaps it will be a library, a restaurant, and a store. Run it by your parents first before you do it and get their advice.

LEVEL C

BIO

First thing to remember, the service person is there to help you. That is their job. It's true some people will do a better job than others. The fact remains that they expect to be asked questions and they probably have the answers.

- Start your question with a polite phrase like "Excuse me, ma'am." When you are polite and respectful, they'll simply want to help you out, if they can.
- If you need something, ask in a polite fashion. Don't say, "Give me one of them there cupcakes!" or "I want a drink refilled!" But instead phrase it more like, "May I have another dozen rolls because I am expecting Jasper to join us."
- Thank the person. I don't care whether you got what you wanted or not. Even if they were unable to help you with what you asked for, thank them. "I understand that a dozen rolls would be excessive and that the restaurant has a strict no varmint policy. I appreciate you checking anyway. Thank you, very much."

It's as simple as that. They are people and they are almost certainly going to do the best they can for you.

