

BATHE ALONE

I have a confession to make; we raccoons are not famous for our hygiene. In fact, I used to run and hide on bath night. But there comes a time when you are no longer a cub and you have to step it up.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Have three baths or showers without assistance.

Bathing yourself is one of those skills that you have to make sure you do, and here are some basics.

- You need to use soap. Water does not clean you by itself. So you have to use soap. Use the right soap, in the right places.
- You are going to have to work it. Rub that soap in, make sure it gets to every nook and cranny. In the case of shampoo, get it into the roots of your hair.
- You must wash the soap off once you have washed yourself. Soap that does not get washed off, especially in your hair, is simply bad news.

That's it really. There is not that much to it. Remember, if you forget to use soap, you didn't have a bath or shower. You just played around in the water. If you didn't wash the soap off, you're only half way through bathing. You need to get back in there and finish the job.

