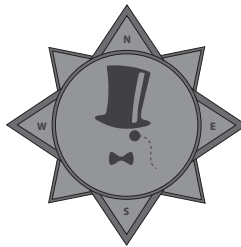


BEFRIENDING PEOPLE OUTSIDE YOUR COMFORT ZONE

You know how everyone seems to find their group of people they feel comfortable with (sometimes called a clique). There are the cool kids, the jocks, the nerds, and so on. And there are also loners who seem to struggle to fit in sometimes.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

A challenge to interact and befriend individuals who would not typically be in your social circle.

Maybe you are one of the popular crew, maybe you're a jock. That doesn't matter for this challenge. What I want you to do is look for the kid that is not one of your crowd. Perhaps they tend to get left out. They don't wear the most fashionable clothes. Whatever the case, I think you know who I'm talking about. Let me make this very clear, most people who don't quite fit in, during the teen years, find their stride after a few years, and surprise everyone. I speak as one of those kids.

Your Nugget earning challenge is to befriend two individuals who are way outside your circle. This is not charity. This is an opportunity that will help you grow. And what you'll often find is that when you get to know an individual, there is a lot more to them than you first thought.

You discover their hopes and dreams, their fears, their daily struggles. Throughout your life you are going to have to interact with people who you might not immediately identify with. This is a very important skill that you are going to use daily throughout your life.

Now for two obvious but very important points.

- First, you must never tell this person about this exercise. You don't want them to feel like a charity case because they are not, you are. They are actually doing you the favor by helping you develop another life skill.
- Second, there are individuals who you need to steer clear of, gang members for example. Discuss your strategy with your parents.

