## **BUILD A VEGETABLE PLOT**

Okay, we have a big task this time, but it will literally feed the family. We are going to build a vegetable plot. Here is your opportunity to apply some of the things you have learned and use nature to put food on the table. But growing things is not the easiest thing to do; you have to do it right. Here are some tips to making it happen.

## FLIP OVER FOR YOUR NEXT CHALLENGE



Create a plot and get some veggies growing.

1. If you don't already have a piece of land that you use for vegetables, look for an area that gets good sunshine exposure. You are looking for at least five hours of sunshine a day. It's also good to have it away from other vegetation so that slugs and pests don't move to the ones you're growing.

2. Plan your patch. Do some research on what will grow best and make a plan. Veggies are like people, they hate to be crowded, so give them some room. For this you'll want to do a little research around what you plan to grow for an optimum distance,

and remember, some veggieslike beans, need stakes to grow on.

- 3. Dig deep into your patch, go down around the depth of the spade that you are using. Note that weeds will love this new ground too, so you only really need to dig the areas that you are going to plant.
- 4. Adding compost will significantly improve the soil for your veggies.
- 5. Finally, you'll need to maintain. Water regularly and keep an eye out for pests.



Also bear in mind, not everything will be a success-- life is all about learning, learn from your successes and failures, and research to see what you could do better next time.