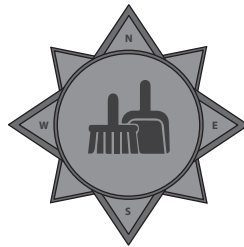


CHANGING YOUR BEDSHEETS

It is typical for a person to change the bedsheets about every week. After that they can get a little gnarly in my mind, especially if I have eaten sticky stuff and it got stuck to my fur.

So your challenge, RockHopper, is going to be to change your bedsheets. The process is all pretty simple.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Change your bed sheets on three separate occasions.

LEVEL F

PERIOD 7

TASK 3

There are lots of different types of bed sheets, so this is only a general overview. Tweak this as needed for your own set up.

1. First, remove the top covers. If you use the duvet, remove the outer cover. Place the top covers (not the Duvet Inner) into the dirty laundry basket.
2. Remove the pillows and take off the pillow cases. Throw these into the dirty laundry.
3. Remove any flat sheets and fitted sheets and ... you guessed it, throw into the dirty laundry.
4. Then in reverse order, replace the fitted sheets, any other sheets, Top cover/duvet with a new cover on it, and put the pillows in fresh cases.



And you are done. As easy as that. But you have to admit, there is nothing better than sleeping in a bed with fresh sheets.