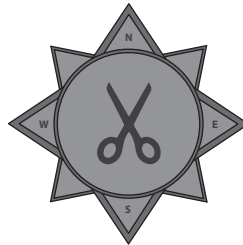


DARNING A SOCK

Well, this may be a lost art to many people in the world, but not for a RockHopper. What a waste to throw away a pair of socks because a small hole has started, rather than spending a few minutes to darn that hole. A lost art? We're gonna bring it back. Darning socks will become the new cool. You wait and see.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Darn three socks. Either your socks or be a blessing to another member of the family.

LEVEL H

B-3

- So, first thing you'll need is a needle and thread. There are special darning needles and threads. But in most homes, a simple needle and thread will do the trick.

- Turn the sock inside out and place your darning egg inside the sock. What? You don't have a darning egg? Well, all this is used for is to place the hole over so you can sew around it easily. Really any small ball will work. Or if you can be careful, you can even use an egg.

- Trim any loose threads from around the hole.

- Thread the needle and tie the two ends of the thread together in a knot, so that you have the knot at one end and the needle dangling at the other end.

- Now, sew that hole back together. Work from one end, pushing the needle through the two flaps or edges. Then, when all the thread has gone through, bring the needle all the way over the area that you just stitched and push the needle through again, right next to your last stitch.

- Finally, tie off your thread by passing the needle through the stitching. But this time, instead of pulling tight, push the needle through the loop that the thread has created. Do this several times and pull tight.

- Finally, cut the thread off and turn the sock right side out. Quick and easy and your sock has years more service to offer ... well, at least months.

