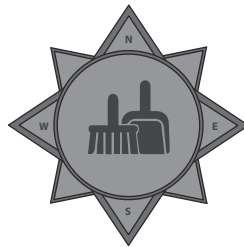


# DECLUTTER

No, declutter was not some eighteenth century French philosopher. Decluttering is the art of keeping our space manageable.

Almost every day, we get something new. Some are big items and some may be small trinkets. But we collect “stuff” at an alarming rate in this modern world. And while the old Jell-O commercial would have us believe that there is always room for Jell-O, the reality is that when something comes in, something else has to go. Otherwise we have to build an extension to the house.

## FLIP OVER FOR YOUR NEXT CHALLENGE



### EARN THIS NUGGET

Declutter your stuff and get your parents to assess the result. A high five also gets you your Nugget.

Good luck, I know this is going to hurt. If you decide to pass something along to a local charity shop, imagine how much fun another person will have with their newfound treasures. Oh, and after this, be a little more selective about what you bring back into the house.

So I am going to attempt something that to some will be tantamount to oral surgery. We are going to declutter your world and cull out some stuff.

What you possess fits into three categories:

1. I can't live without this (bed, Bible, laptop, poster of your favorite musician).
2. Things I need and use on a daily basis (hairbrush, MP3 player, journal).
3. Things that I need every week or two (specific outfits, art kit, game console).
4. And the rest of the stuff.

My Nugget winning challenge to you is for you to cull all that you can and simplify your world. It takes time and effort to manage clutter, but here are some tips:

1. Go through your clothes and donate anything that you simply won't wear again.
2. I know you have some stuff there that you don't use, but you dream of passing on to a friend or maybe even your own kids. If you have something that's heirloom quality, then this is a good opportunity to get it boxed up and stored neatly out of harm's way.
3. Is there anything broken or that you just don't use? If you can't bear to throw it away now, box it up, and date the box. If you have not looked for it in a year's time, you probably never will.
4. Your final step? Parental opinion. Let's see if they see any blind spots that you are conveniently missing.

