

ENTERTAIN A BABY

I used to think that entertaining a baby was as simple as turning on the TV and leaving them to it. Hey, it works for my sister. But babies are a whole lot different. The things that amuse us, don't necessarily amuse them. Not to mention that some of the things that amuse them are dangerous. So we really need to keep our wits about us.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Spend three sessions of at least twenty minutes entertaining a baby. Make sure you think safety first and make sure you have the permission and guidance from the parents of the baby.

Baby play is really all about exploring this world. That's why everything goes in their mouth. That's part of the way they explore. Thankfully, they'll grow out of this. You did, right?

So make sure you communicate. Talk to the baby and show them things. They love to hear voices and see things. Sure they may not understand what you are saying. They are starting to understand, picking up little by little. Show them shapes and colors and toys and anything else you like. Babies love music, rhythm, and dance. Be careful with the music that you play. Select something appropriate and have a little dance party.

Read or tell stories. Books with flaps, textures, or pop-ups are especially good.

Encourage the baby to develop the skills it is learning. If crawling, set objects and encourage them to crawl. If they are turning over, encourage them in this and help them practice.

Funny faces, Peek-a-boo, stack blocks or cups, or anything that engages the baby can be used. They especially like to knock things down or anything really that makes them realize that they have the power to affect something in this world.

