

ETIQUETTE AND HYGIENE IN PUBLIC RESTROOMS

Okay, so here's an awkward subject, RockHopper, but it needs to be addressed. You are going to use public bathrooms. Some rules are the same, but there are some things that you need to think about.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Use a public restroom on three occasions. Stay clean and healthy throughout the experience.

LEVEL H

B-8

There are some awesome people out there who try to make public bathrooms a wonderful experience. But there are a lot of people out there who really don't care and don't have particularly high standards. You need to be a little smarter and a little on your guard when using a public restroom.

- * As with anything, leave it a little better than you found it.
- * Consider every surface in the bathroom to be unsanitary. Don't let anything but the soles of your shoes touch the floor.
- * Clear up any mess that you make. This is a public bathroom, try to make it as good as you can for the next person.
- * If you get any mess on the seat, clean it off without fail.
- * Flush the toilet after use.
- * If you have a bag with you, don't put it on the floor. If at all possible, don't take anything into the bathroom, have a friend hold it outside.
- * Shut and lock the stall door behind you. This stops you from having an embarrassing moment and saves others from sharing that moment.
- * Wash your hands and wipe up around the sink.
- * Look for a hygienic way of opening the door. Not everyone washes their hands, so the bathroom handle may be the most unsanitary object in the Western Hemisphere.

Some bathrooms have a trash can by the door so you can use a towel to open the door. Others have foot handles so you don't even have to use your hand. Other times you'll want to use sanitizer when you get out.

