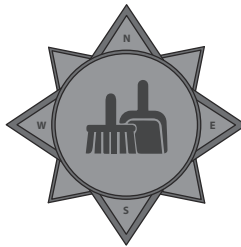


THE GARBAGE DISPOSAL

You know what is the scariest thing in my kitchen ... it's the garbage disposal. It used to just freak me out every time I would hear it go off. I would run and hide. Now I realize that it is a totally awesome thing, but you need to know just a few things about it.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Help with after dinner or after cooking clean up, and with your parents' guidance, you man the garbage disposal. Do for five clean ups.

LEVEL C

PERIOD 2

TASK 1

- It isn't for all garbage, only food waste items. Never let glass, metal, or plastic go in there.
- Never ever put your hands inside the garbage disposal. I say again, never ever, ever put your hands in the garbage disposal.
- Avoid disposing of corn husks, celery stalks, or artichokes. They should go in the trash can.
- Potato peels are okay in small amounts, but too much can clog your drain.
- No bones or anything too hard. And here are some do's
- Do always run the garbage disposal with running COLD water.
- Do keep your garbage disposal clean. Pour a little dish soap inside and let the garbage disposal run for a minute or so with some cold water after washing dishes or use borax to eliminate odor.

