## **GROW A SUNFLOWER**

Have you seen a sunflower? They are HUUUUGE, and awesome too, and we're gonna try to grow some.

## FLIP OVER FOR YOUR NEXT CHALLENGE





## **EARN THIS NUGGET**

Earn your Nugget by completing this challenge, and please add a picture of your sunflowers to the website. I'd love to see them.

## Here's what we need to do:

- First we need to pick the right time to plant. Sunflowers really start growing towards the end of the summer, so we need to plant it now. They need around three whole months to grow.
- You'll need to get seeds from the garden center, and not the eating kind. They taste good, but probably won't grow too well if you plant them.
- Pick your spot. Sunflowers need lots of sunshine, so choose a place where they get sun throughout the day, but not too much wind. Planting against a fence or shed is

often a good place.

- Loosen the earth with a trowel; you want loose soft soil for these flowers to grow in.
- Then dig a hole around an inch deep, probably the length of one of your fingers and place in a few seeds. If you are planning on growing more than one sunflower, and why wouldn't you, make sure they are at least 18" apart. Measuring from the tips of your fingers to your elbow is a good way to check your distance.
- Cover the seeds with soft dirt, if you have it,

and put a little organic fertilizer on top.

• Thoroughly water your seeds, don't drench or flood them. Repeat watering once or twice every week. They like lots of water, but don't water them too much.

