## **GROWING TOMATOES**

I do love a good tomato, and there is nothing like a backyard tomato. Does it taste better? I think so, or maybe it's just the satisfaction of knowing that I grew it myself.

## FLIP OVER FOR YOUR NEXT CHALLENGE



## **EARN THIS NUGGET**

Gain your Nugget for getting that plant and cage set up and faithfully watering it.

Here are some general guidelines, but I recommend that you do some of your own research, specific to your region and the type of tomato you choose to grow.

- 1. Tomato plants should usually be planted later in spring, certainly way after the last frost. We usually grow from seeds in the house, so when we plant, we already have a little vine growing. Alternatively you can buy a little potted vine from the store.
- 2. Not all tomatoes are the same, in fact, there is a wide variety. You may want to do some research or talk to the garden center staff. There are also disease resistant tomatoes which may be a good move because tomatoes are one of the worst plants to pick up diseases.
- 3. I look for a spot where the vines can get between 6-8 hours of sunshine a day, and I place my Tomato Vine Cage in the spot where I am going to plant the vine.
- 4. I plant the vines around 2-3 feet apart so they have plenty of room, and I bury two-thirds of the stem in the dirt. This helps add extra roots, or so I have been told.
- 5. Adding fertilizer can really help and adding some compost to will increase nutrients.
- 6. Now throughout the summer, you'll want to water regularly. If you have a top layer of compost/mulch, that will



help to lock in some moisture, but you really want to make sure the top inch or so under the mulch barrier remains moist.

And that's pretty much how we do it around Eagle Heights Wood. I can't wait to see a picture of your awesome tomatoes.