

LET'S GET THAT HAIR WASHED

When I was a little critter, I hated getting my fur washed, but after coming in from the trail covered in mud and twigs, I needed to jump into the tub.

Once I got used to water on my face, it was all easy. Here is what we are going to try, with our parents help.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

With your parents keeping a close eye on you, wash your hair three times without assistance.

LEVEL A

PERIOD 3

TASK 1

- Get into the bath or shower, whichever you prefer. I like the bath because I can play with my rubber duck there.

- Gotta get that hair wet. Water in the face is no big deal, but if you don't like it, lie back in the bath and get your hair wet. In the shower, you can stand in the spray so it won't go in your face.

- Now you need shampoo. Just a little blob the size of a nickel should be plenty.

- Now rub it on to your scalp (that's your skin underneath the hair) and make sure you don't get those bubbles on your face or close to your eyes.

- Now you need to get those suds off. Either lean back in the bath again, or get under the shower stream. Keep massaging your hair until all the suds are gone. You know they are gone because you should be able to grab tightly between thumb and forefinger, pull and it should squeak. That's what we mean by squeaky-clean.

And that's how you are going to earn your next Nugget. Good luck, and go clean that fur.

