

MAKE YOUR OWN APPOINTMENTS

Well, my dear Cragman, you are getting to be more and more independent and ready to face this big world. Let's face facts, you won't always have someone to do everything for you. You need to start to take your own initiative. One of the areas that is a tough transition for many people as they get ready to spread their wings is appointments. Whether doctor appointments, dentist appointments, an appointment to have the car fixed, you will have to deal with these things.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Over the next 30 days, make any upcoming appointment by yourself. Have your parents involved as silent observers and implement necessary steps to ensure that you keep your appointment.

- So your biggest enemy, for the most part, is procrastination. When you are used to having someone else take care of these things, it's so easy to put it off until tomorrow, or next week, or ... never.
- Check your schedule beforehand, or at least have a calendar with you as you are setting the time. Then you can be sure that there won't be a conflict.
- If you can, try to make an appointment that will coincide with other activities in that area. That way you are making efficient use of time and fuel.
- If the appointment will necessitate time off from school or work, inform the appropriate individuals to ensure there will be no negative ramifications.
- Set a reminder for the appointment. In this day and age that can be an alarm reminder or a calendar reminder on a cell phone.
- Plan to arrive at the appointment early. There is often something you will have to fill out, or a delay in just getting there. Plan accordingly.



Simple, but this is an important step to becoming an independent citizen, Cragman, and spreading your wings.