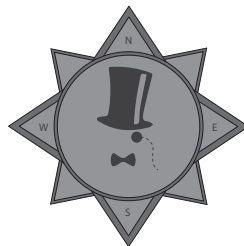


OPENING A DOOR FOR A LADY (OR ANYONE FOR THAT MATTER)

Okay, when it comes to manners and being a good citizen this is a biggie. Gentlemen should open doors for ladies. It's the way that it should be, and deep down we all know it. But don't end it there, you can hold the door open for anyone. It's courteous. And, frankly, in this day and age it is becoming a rare thing. But I have a sneaking suspicion that you want to be a cut above the average, especially when the average is not that impressive at all.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

- Gentlemen, open the door for ten people. If someone opens the door for you, be respectful and thank them.
- Ladies, open the door for someone, especially a person older than you, or if you see someone burdened or carrying something. And, if someone opens the door for you, thank them. Try to have eight door interactions, either opening the door or thanking the person who opens the door for you.

So here are some simple go-by's:

- Gentlemen, honor the ladies and open the door for them. Smile, make eye contact, and be a gentleman.
- Ladies, when someone opens the door for you, smile, and thank them.
- Remember that this extends beyond gentleman opening the door for a lady. It's courteous to open the door for anyone, especially if you see someone who could use some assistance or simply to show good manners.

So there you have it, a small gesture that speaks volumes about your character.

