

OPENING CHILD PROOF CONTAINERS

So, you are not so much of a child anymore. Childproof containers are going to stop being something to keep you out, and instead become something you need to master. There are several types out there, so it will be important to read the instructions. They'll take some strength to open, but really it is more about learning the knack of opening them, than physical strength.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

- Search out your house and see how many types of childproof bottles you have. Read the instructions and, with your parents' supervision, see if you can master opening them.
- Make sure all bottles in the house are safely stored away.

LEVEL H

B-1

- The common type that you see for prescriptions is a push down and turn option. This requires quite a lot of strength, but when you get used to it, it will open quite easily.

- A second option is the type that you see for a lot of liquids like mouthwash and sometimes bleaches. With this style you push in the sides of the cap, literally squash it in where it tells you to, and it will unscrew easily.

- The third type does not unscrew at all, but it has two arrows: one on the lid and one on the neck of the bottle. When you twist the cap so the arrows line up, you can pop the lid off.

- The fourth type, which is another option, often used for prescription medicines, is a bottle neck with a small ledge or tab sticking out of it. You need to press this tab down and bend it away from the lid so the lid is free to unscrew.

Now you know what is out there. I wonder which

ones you'll have in your home. One very important thing to remember is that just because they call them childproof, they really aren't. Babies love to shake pill bottles because of the rattling noise and given enough time they'll probably get them open. Always make sure medicines and chemicals are put away somewhere where young children cannot get to them.

