HEALTH / 911 CRAGSMAN

PREPARE FOR SEVERE WEATHER

At times, the world can be a scary place and one thing we cannot control is the weather. What we can do, though, is be prepared. Having a good plan is always a good strategy.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Identify the types of severe weather that put you at risk. Then create a plan and prepare the supplies to address the areas shown above. The nugget will be awarded when you present a plan for each that makes your parents feel that you are ready to face the worst that nature will throw at you.

Some preparedness may include the following:

- A backup supply of food and water.
- A plan of what to do if the power goes out for an extended period. What will your plan be for cooking, staying warm or cool, food storage/preservation, hygiene such as bathing and getting rid of waste.
- Have a well-stocked first aid kit.
- Make sure emergency tools, like flashlights and fire extinguishers, are in good working order.
- Have a good plan for getting out of the house, if necessary, and designate an outside meeting place.

Depending on where you live in the country

or the world, you will be affected by different types of severe weather. Identify your greatest risks and create a plan for each.

