

SHOVELING SNOW

It is that time of year for many of us, when we will be dumped on by about a hundred inches of snow. Someone has to get out there and clear that driveway. What we need is a dedicated RockHopper who can come to the rescue ... well volunteer.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Clear the snow on one occasion with your parents thumbs up and you'll receive your Nugget.

LEVEL F

PERIOD 1

TASK 1

Shoveling snow is not tough to learn. It can be tough work though, so here are some tips that may help.

- Dress appropriately for the occasion. It's going to be cold out there, that's a given. So you want to wrap up warm. But you are going to be working and you are going to get hot. What's the solution? Walk outside well wrapped, but have layers that are easy to remove as you get going. You'll probably need to.
- Don't skimp on the footwear. You want dry feet, but you'll also want good grip. Make a good choice there too.
- Gloves are a must to keep your hands warm and also protect from blisters.
- Don't procrastinate. The sooner you clear snow the easier it is. As the day goes on snow compacts, can turn to ice, gets heavier, and a whole lot harder to move. Get right out there as soon as you can.
- Where possible, push the snow, don't use the snow shovel as a traditional shovel, but more like a snow plough. This will be a lot easier and prevent the possibility of back strain.
- Decide where you are going to pile the snow in advance. You don't want to move it twice.
- For deep snow, remove it in layers, a few inches at a time to prevent the need to lift a heavy weight.

