

STAND UP FOR WHAT YOU BELIEVE

One thing I am certain about RockHoppers, they don't need to be weak. They need to know what they believe and stand up for their values. This country was built by people who stood up for what they believed, rather than cowering and yielding to someone else's opinions.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

- Choose three things that you are convinced are true.
- Research and create a list of the facts that you are convinced prove the validity of the idea beyond a shadow of a doubt.
- Have a family member take a contrary view and defend your position respectfully.

So, RockHopper, this challenge is all about standing strong, but not being belligerent with it.

1. First of all, know your convictions. How do you feel about issues in society? It is not enough to know what your parents believe, you need to know what you believe and why.
2. Know the facts. Too many people base their belief on false evidence, or more commonly, no fact but a feeling instead. You need to know the facts that have lead you to your convictions.
3. Now, understand that people you meet who don't share your views are not your enemy. They are worthy people who have come to hold a different view. Maybe if you had walked in their shoes you would share their views. So, always be respectful and understand the thing that makes our society great is that we can share ideas and listen to alternative viewpoints.
4. In discussion, don't raise your voice or don't belittle the other person. But with an attitude of mutuality, share ideas and consider the ideas of others.



5. Now, perhaps most importantly, you know you should not stand by and watch a bully hurt another person and do nothing. Well, the same goes for your convictions. When you see a person pushing an idea that you believe is wrong, you need to be ready to stand against it. Be courageous and do the right thing. If no one speaks out, that individual may be the only voice people hear.