

TRIMMING THOSE NAILS

I don't care who you are, you have to take care of your paws, or they can get nasty. And I'm not just talking about soap and water. I'm talking about them there claws, or I suppose I should say nails.

For boys, you need to have those things neatly trimmed each week. For girls, you can go a little longer but the nails still need to be neat. So, let's look at how we go about this, shall we?

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

Successfully clip your nails and toenails for yourself on three separate occasions.

- You'll want your parents help the first time or two that you do this. I'm sure they have a set on nail clippers they can let you use.
- First of all, it's a good idea to trim nails after a shower or bath. This softens the nails and makes it easier.
- Fingernails should be trimmed straight across and slightly rounded at the top.
- Don't trim them too closely or you will cut the sensitive skin underneath and cause your fingertips to become quite uncomfortable.
- Toenails should be trimmed straight across. Toenails tend to grow much slower, so you probably won't have to trim them anywhere near as much.



Everyone's nails grow at a different rate. So some people have to trim every week, other people a whole lot less. Set aside one day a week to trim, or at least check your nails. For me, it's on Sunday morning. To earn your Nugget: