

UNWANTED HOUSE PESTS

Do you like roaches? How about mice and ants? Sure, they're cool on a wildlife program, but sharing my cereal? Absolutely not cool. So what is the answer to getting rid of these critters and keeping them away?

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

- Inspect your house for critters. Mice will leave droppings and often they will have a favorite spot in a dark corner. Move objects, especially in the kitchen, and look for evidence. Behind the fridge is a hard to clean area and a favorite spot for pests.
- Don't be a slob. Let's make sure that cleaning up after ourselves becomes our way of life. Whether you found evidence or not, this is your best weapon.

Nugget awarded when parent certifies your house is a slob-free zone.

The bottom line is that all of these creatures are more than happy to hang around with humans and inhabit the same space. But like any other mooching buddy, they are only there for the food.

Apple cores left on counters, unsealed food containers, tables not cleaned after mealtime, all of these are a haven for these unwanted house guests. And what's worse? Mice running over your clean surfaces. They tend to streak urine. Cockroaches have their own nasty chemical they excrete. So those clean plates may not be nearly as clean as you thought.

What can we do? Well, rules 1, 2, and 3 are clean, clean, and clean. Clean is king. If there's nothing for these pests to eat, they will go someplace else.

If by chance you have a true infestation, you may need a professional or some chemical support. But if you want to set yourself for success and ensure they don't turn up in the first place, don't provide them lunch.

