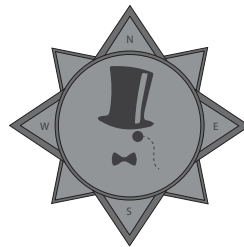


USING MANNERS TO ASK FOR SOMETHING

Minding you P's and Q's, as they say, is an important skill for everyone to have, but especially for a trekker.

Anyone can ask for something, but there is a right and wrong way of asking. Frankly, asking with manners increases your chance of getting what you want.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

- Use manners when asking and receiving things for the next two weeks.

So, how are we going to ask for something?

1. Always say please. "Please, may I have another cookie?" Please is just the right thing to say. To ask without it is rude. You know what is ruder? When someone says "no" to you, to then say please with a whiney voice, "Please, please, please." Never do that.

2. When someone gives you what you ask for, or even if they give you something you didn't ask for, you always say thank you. And say it loudly and clearly, not as a mumble. And for good measure look them in the eye and smile as you are saying it.

3. You want something. You are saying please. But if you are interrupting them to ask, no matter how politely, it's still bad manners because you are interrupting.

Three simple rules, but these will go a long way with people around you.

