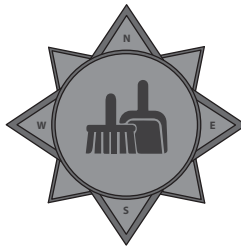


USING THE BATHROOM BEFORE LEAVING HOME

There is a whole exciting world out there to see. Places to go, things to experience, fun to be had. But you know what puts a damper on things in a hurry? When you need to use the bathroom as soon as you get there. Maybe even before you get there. We need to nip this in the bud.

FLIP OVER FOR YOUR NEXT CHALLENGE



EARN THIS NUGGET

- For the next three weeks, go potty before you leave the house whether you think you need to or not.
- Do your very best to use the bathroom before events, so you won't have to disturb people halfway through.

LEVEL B

TASK 7

Whenever you go out of the house, you need to try to use your time well. Anytime you are leaving, go to the bathroom before you leave. Even if you're not sure you need to go, go and try. Another good thing to consider, and I know this means thinking about things a little ahead, but if you are getting ready to go out, don't go and grab yourself a big drink.

Finally, if you get to a place, for instance a movie or church, it disturbs everyone around you if you need to get up and use the bathroom.

So do your best to make sure you don't need to do this. Before the movie or service starts, go to the bathroom. Even if you aren't sure you need to. Then after that, wait until the movie or service has ended before going potty.

A little planning will go a long way and make everyone's life easier.

